



## **Preliminary Program of our UEMS-CAP Seminar for 5th CAP Trainers 2022 ONLINE Friday 20<sup>th</sup> May**

9.00-9.15      **Welcome**

Peter Deschamps, The Netherlands, UEMS-CAP President Board of Education

9.15-10.15    **Introductions**

*Participants will be asked to prepare a brief description of themselves and their work up front of the meeting with a picture and a short response to the question 'What is your most inspiring training lessons learned?'. An overview will be distributed to all participants. During the workshop, we will split up in smaller groups (8-10 p) and discuss the answers to the questions and share some things about ourselves that have nothing to do with medicine but we feel have been relevant and helpful for teaching. We will continue with a brief feedback of subgroups and themes emerging by one participant of each group. The introduction will move into the rest of the program with a Mindmap plenary on expectations for the seminar.*

Coordination Anna Sofie Hansen

10.15-10.30    **Break Coffee**

10.30-11.30    **Workshop A: Curriculum Framework Building: is the UEMS-CAP curriculum framework of any use to me?**

Coordination Thorsten Schumann, Denmark

*Postgraduate training in CAP is to prepare trainees for a life as specialists. The UEMS-CAP recently revised its EU curriculum framework in a process of multiple cycles including input from trainees, trainers and patient and care organizations. The workshop will give an overview of relevant learning theories and a model to support trainees in assessing their own learning preferences, prioritizing and designing learning initiatives in line with organizational needs and evaluate learning outcomes in an iterative process. We will discuss and test feedback on these skills.*

11.30-11.45    **Break Brief Walk**

11.45-13.00    **Workshop B: Developing international teaching modules in CAP: let's get rolling**  
Coordination Bea Pászthy, Hungary

*Those who have engaged in theoretical teaching activities for CAP may recognize that the development of a good teaching module takes effort. Defining a balance between old and recent knowledge, selection of literature, the application of activating learning forms, constructing case*

*report descriptions and selecting online media all require substantial amounts of time. A joint international knowledge base of science may suggest that we should move towards more exchange of teaching materials as this may also increase the quality and efficiency of teaching and training in CAP. On the other hand, developing your own teaching module allows for cultural and local accents, integrates and stimulates teacher satisfaction and alignment with personal experience. In this workshop, we will take a first step in discovering what and how international cooperation in the development of teaching modules in CAP may have to offer. Participants will contribute their own raw material of teaching modules that will be translated automatically online in English and next is discussed in small groups.*

13.00-14.00    **LUNCH**

14.00-15.30    **Workshop C: Child mental health as a public health issue**

Before Covid-19, we faced a crisis in CYP mental health with the presentations to mental health services becoming more complex, services raising their threshold for taking on patients and all the while knowing that 50% of adult mental illness has its onset by mid-adolescence. Covid has exacerbated this situation with anxiety, depression and self-harm becoming ever more prevalent.

What are we doing in the face of this challenge? In particular, what implications might it have for training the child and adolescent psychiatrists of the future?

This workshop will invite participants to address two aspects of this with “blue-skies” thinking.

1. What should mental health services look like and how should the delivery of such services be organised for the future?
2. How do we influence governments and funders to create a system that can deliver effective wellbeing and mental health services at the volume required and what actions can we encourage to reduce the crisis?

15.30-16.00    **BREAK Coffee**

16.00-17.00    **Workshop D: Will be announced shortly**

17.00-17.15    **Evaluation and goodbye**

Coordination Peter Deschamps, The Netherlands, UEMS-CAP President Board