

## The

## Southern Cross



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Julie Rousos Timmons, Region Director

Summer 2025

#### PAST REGION

#### **DIRECTORS**

Mike Vaerewyck 2018-2024

Don Steen 2012-2018

Bill Dick 2009-2012

Ken Meldahl 2003-2009

Brian Cobble 2000-2003

Corky Kahn 1991-2000

Chuck Martschinke 1987-1991

> Erik Bayer 1983-1987

Randy Schulze 1980-1983

Mike Gaudiello 1976-1980

Randy Schulze 1974-1976

> Joe Darby 1973-1974

Vic Roycraft 1972-1973

Tod Elston 1971-1972

Vic Roycraft 1970-1971

Joe Darby 1966-1970



Pictured Above: Certificate of Appreciation for Training Recipients

2025 Southern Region Banquet

## **FIRST TRACKS**

#### Julie Rousos Timmons, Southern Region Director

What a wonderful banquet Section 4 hosted in Michigan City, Indiana this year! A big thank you to Brian Philips and his team for organizing it! It was an honor to recognize so many of our Southern Region patrollers with well deserved awards. You'll enjoy reading through the list of patrollers in this issue that were honored this year.

The Region Banquet weekend is a flurry of meetings and activities. This year we offered an Instructor Development Course, and a Mountain Travel and Rescue Course in the Indiana Dunes National Park. I briefly attended both courses. I was happy for Cliff Mills who did a great job and who got fantastic instructor input from our Region ID team: Liz Kruk, Gretchen and Tom Haake, and Joe Zarek. John Yunger, organized a great MTR course. Jeff Olsen, our incoming Division Director and I, enjoyed sharing our dinner meal with them. You'd be surprised how far dehydrated meals have come along. Maybe it was because we were cold and very hungry but the chicken and pasta alfredo, and spicy pork and rice were delicious!

We had three Region Meetings: a Region Advisors meeting, a Patrol Representatives Meeting and our Region Board Meeting. All three meetings were very well attended.

(Continued on Page 2)

### FIRST TRACKS - CONTINUED

For those of you that have not attended a Region weekend in the past, they are a great opportunity to meet patrollers from other areas. 15 of our 16 patrols were represented at this event!

Next year our end of season banquet will be hosted by Section 5 and will take place somewhere in the state of Missouri. It's already on my

calendar, April 24-26, 2026 in case you want to mark yours as well!

I sat in on the National Bike Patrol forum and learned that National is creating a new classification called Primary Additional Classification. This new classification will allow Alpine areas that offer mountain biking a path to have alpine patrollers rostered as bike patrollers without having to set up a completely separate patrol. If you have questions about the program, Jeremy Verbeke is our National Bike Program Advisor - bike@NSPserves.org or look on the National website for more information - NSPBikeProgram.

I was very lucky to be able to present some very special people with their Years of Service pins and certificates in person. It was wonderful to spend time with my mentors. Pictured below receiving their over 200 years of service in total are (L to R) Ken Meldahl 55 years, Corky Kahn 60 years, Brian Cobble 45 years, and Loretta Cobble 45 years. Another photo that includes 5 past and past and present Region Directors! (L to R) Ken Meldahl (2003-2009), Brian Cobble (2000-2003), Julie RT (Current), Corky Kahn (1991-2000), Chuck Martschinke (1987-1991). The patrollers in these photos represent icons in our Southern Region that have served from the Patrol level to the National level in their many years of service. We are so lucky to have their continued support!

Wishing you all a tremendous off season. Enjoy whatever it is you like to do!

🕂 Julie



Recognition
Over 200 combined years of service



**Past and Present Region Directors** 

## **ASSISTANT REGION DIRECTORS**



Hello Southern Region Patrollers!

I'd like to thank Jeff Hanley who will be stepping aside as MTR or Mountain Travel and Rescue advisor and played a role in getting new energy into the program. At the culmination of Jeff's run we are handing the reins to a new MTR advisor, John Yunger, who led the recent MTR at the banquet weekend where we completed our first MTR course in a few years to get the bugs out. With that success, we're looking to build interest in the program by showcasing it here on the Southern Cross and additional outreach. The general idea of MTR

for those who haven't heard of it before, is a series of courses to gain additional useful skills in the outdoor environment. The MTR 1 course involves learning various knots, putting those knots to use with a low angle rescue session, orienteering and an overnight camping session. Look for another session in the 2025-2026 season if you missed out on the course held over the banquet weekend, reach out to your Patrol Rep if you have any questions. We plan to get the word out using the Southern Cross as well as by email as we solidify a date

and place so stay tuned! Thank you Jeff and John!

For my usual IT update, last season was really productive for updating our systems! With that behind us, my next goals are to create an online store for merch at our website (mostly t-shirts and coffee mugs - I have one of each and LOVE the coffee mug!), update our awards database and expand access using a zero or low cost system and pivot our event registration platform that is currently used for banquets to something managed directly off our website. You'll also notice a changed awards intake form for the 2025-2026 awards season which is live now! All of these changes will help make our website www.srnsp.org more complete with features! As usual, I'm an open book for "nice to have" features on the website, if you have any suggestions for me to work on please send them to me at info@srnsp.org!



Thanks and have a great summer!

+ Brian



Hello Southern Region Patrollers,

For some of us we have wound down from the ski season, others have now started their summer bike patrol duties.

Congratulations to the recipients at this year's award banquet. It was great to see all of you that attended and celebrate with the recipients.

Jeff McElhenv

Shortly we will be planning and start having area refreshers, until then enjoy the summer.

Jeff

## **ASSISTANT REGION DIRECTORS**



Hello Patrollers,

Now that winter is over and our Region banquet is in the books, I want to start by saying thank you to all thoes that put in so much work into making the Region, as a whole, have a terrific year. Congrats to all the awards recipients at the banquet, especially the large amount of National Appointments that we had this year. Now that this year's awards are done, we have already opened up the Lenny Kunkel, Jr. awards submission tab on the Southern Region website for next year's banquet so get thoes submissions started.

#### Link to Awards Website

On another note, everyone should check out the Division meeting happening in September in Milwaukee. There is a huge list of elective classes and great instructional classes. You can even complete your refresher early if wanted. I hope I see some of you there. Registration is now open for those interested.

Enjoy your summer,

Lenny Kunkel

## 2025 Central Division Patroller Conference Milwaukee. WI



September 5-7th

For First Tracks - Central Division Patroller Conference info Click Here

## **SECTION 1**

Greetings from Section 1,



Rich Davis

I would like to start with a "Thanks to Section 4 for your hospitality and successful presentation of the Regional Awards Banquet." The organization and preparation paid off, as I would believe everyone who attended enjoyed themselves. If you have never attended the banquet, I would encourage you to make the effort to be present and become involved.

Regarding awards, multiple years of service, certificates of appreciation and service awards were distributed. Seven Oaks had several awards presented to their members / staff that include Regional Outstanding Large Alpine Patrol, Outstanding Young Adult Patroller and a spouse was presented with an Angel Pin. There were five patrollers presented with National Appointments, two of which are members from Section 1. Congratulations to all. It takes nominations to allow these awards to be processed, without your nomination or write ups to recognize your fellow members, the awards will not occur.

As the warm weather months are upon us, it only means several of our areas are going to be setting up for their off-season activities. Chestnut Mtn will have their Farside Bike Park in action, as well as the other activities they provide during the warm season. Seven Oaks will have kicked off their activities with the Gladiator Assault Challenge Weekend. They also offer various activities in their local area that include lazy river tubing on the Des Moines River.

Making a return presence in our area is Sleepy Hollow in the Des Moines metro. This area in the past had a patrol and offered winter activities for skiing, boarding and tubing as well as multiple warm weather activities. Under new management, they are providing off-season skiing, boarding and tubing on a special surface called Snowflex that will allow recreation on the hill during the spring, summer and fall seasons. See page 28 for more info.

Before we know it, the OEC Refresher Season will be in progress. I encourage all to review listings of dates for refreshers throughout the Region. If you are unable to attend your local event, you will need to contact the instructor of record for your intention to attend as a visitor so that they can provide proper accommodation in preparation of your attendance.



Rich Davis



#### New!

Follow Southern Region Ski Patrol

Facebook: Southern Region NSP Instagram: @SouthernregionNSP

### **SECTION 2**



Kirk Larson

I hope everyone had a great ski season and is getting ready for summer activities! I had the pleasure of attending the Senior OEC evaluation at Sundown. We had 4 out of 4 pass Senior OEC in our Section 2! Congratulations to Mark Briel and John Yunger from Four Lakes in completing their Senior modules, Lynda Randa (Four Lakes), and Noah Wendt (Wilmot) for passing their Senior OEC module with Skiing and Toboggan to come next.

I am very impressed by the continuing efforts by all that participated as candidates, patients, helpers, evaluators and leadership; that ensure we are all doing our part to provide exceptional first responder care to the area guests and others that may need help. If you have the time and desire, the senior program will help you improve your skills and confidence as a patroller.

The Southern Region Banquet was held in April in Michigan City, IN. This was a great time, lots of awards were presented and it was great! Please plan on attending next year when Section 5 hosts the event and become involved where you can.

Please recognize someone that goes beyond the normal day to day duties as a patroller and nominate them for an award on the region website. This is a great way to honor someone that goes beyond the "normal" to help or promote what we all enjoy as patrollers.

We welcome 2 new PR's in our section, Grand Geneva – Rob Kinsch and Wilmot – Mark Brinkman.

This will be my last report as the Section 2 Chief. Tim Spencer from Grand Geneva will be assuming this role and he will be great! I hope to see many of you at the fall refreshers!



Kirk Larson

## **MTR Class Photos**







## SECTION 3



Joe Nakanishi

Some Nordic patrollers participated in the Mountain Travel and Rescue (MTR) course held during the Region Banquet. The course was held at the Indiana Dunes National Park near Michigan City, Indiana. The course was instructed by John Yunger from Four Lakes Ski Patrol.

The MTR Program provides education to prepare patrollers for search and rescue and navigation in wilderness terrain. Knowledge of these skills is helpful to Nordic patrolling because of trails and events held in wilderness areas. Shown below are patrollers learning food preparation (and eating!) and low angle rescue techniques using a Z-line. Can you recognize Region and Division Directors, Julie Timmons and Jeff Olsen?

Have a great summer!

Joe Nakanishi



**Preparing for dinner** 



**Low Angle Rescue** 

Southern Cross is now delivered right to your inbox.

Please share the news with your fellow patrollers.

Update your email address on your NSP online profile & check your spam or junk folder.

### **SECTION 4**



Brian Philips

Well, winter is behind us. Most, if not all, of our last ski trips for the season are over. Time to get those nagging injuries taken care of. For me, that is a damaged shoulder. Another great candidate season for our Section and just in time. With the average age of a Patroller creeping higher, it is inevitable that a few folks take a step back or two every year. We hope to capture their spirit in the MVP program and keep them close. So, new folks are always a welcoming site to any Patrol. We produced a few more Seniors this year as well.

This Spring, it was our Section's honor to host the Region Banquet, and a great time was had by all! My favorite was the ice cream bar! We had a new recipient of a National Appointment from our section this year, congrats Lauren Wroblewski! Biggest news was the purchase of Swiss Valley by the Perfect Group, the same folks who own Perfect North and another resort in WV. They are all about making snow often and having long seasons and automation. Probably means online accident reports are coming the Swiss Valley direction.

You know what else summer is great for? Bike Patrol! Get together with people you already know and like spending time with and keep those legs in shape! Lastly, summer is a great time to think about seminars and training that would be valuable to you, your Patrol, and your Section. We have so many to choose from, talk it over. Great Women's programs, a Mountaineering course, maybe, perhaps we could get an Avalanche course together in the east and west of the Region. Take a count of instructors in your patrols.

Anyway, have a great summer folks! Hope to start seeing many of you this fall as we ramp up! Getting a group together to go watch summer training on ski jumping at the Norge as well! My favorite way to do it is to watch from a boat on the river at the end of the jump!

Brian Philips



## **SECTION 5**

Hello everyone,

Wishing everyone some summer relaxation after the great winter of snow for our resorts this past season.



Tom Haake

It was great to catch up with patrollers from throughout the region at the Region banquet in Michigan City, Indiana April 25-26. If you were an award recipient in Section 5 and were not present, and your patrol did not have representation, I will get all awards to Section 5 patrols by June. For the next Region banquet, Section 5 is looking forward to hosting it in April 2026, and we are currently in the planning stages. Please be on the lookout for information.

Even though the snowsports season has ended in the midwest, there are patrol activities still happening. Some are a change in patrolling activities e.g. Bike patrols - mountain bikes and motocross bikes, and others are initial preparations for Fall OEC Refreshers and OEC courses.

Speaking of OEC courses, if you are interested in becoming an instructor, such as OEC or OET, now is the time to take the Instructor Development course. By doing it now, you can be ready to help and get practice teaching OEC when the OEC course starts or when OET training starts at your hill.

Have a safe and fun summer, and then start to think about snow.

Tom Haake

## **New Merchandise Coming Soon!**



The NSP requires Patrol Representatives of local patrols as well as Region, Division and National leadership to complete youth safety training through an NSP approved training course every three years. This policy also includes NSP Instructors that conduct training programs involving youth under the age of 18 years of age.

**Youth Safety Training Link** 

## Calling all Southern Region Patrollers!

Please cast your vote on the new Southern Region logo design Votes are due: July 31st

## Click **HERE** to vote

\*One vote per registered Southern Region Patroller allowed.

All votes must be submitted through the online voting link found on the Region website.

Option 1: NSP Outer Ring Option 2: NSP Cross





**Option 3: NSP Shield** 



## SKI PATROLLER WELLNESS

## **Wellness Activities by Sue Smith**

BREATHE. Really. Conscientiously paying close attention to the process.

STEP OUTSIDE YOURSELF - See the bigger picture: Look beyond the man-made obstacles:

- 1) Be the first up at sunrise-wherever you are- and take it all in. Look. Listen. Feel. Smell.
- 2) Be the last one to retire, and do the same.

CONSULT WITH TEAMMATES. Compare notes. Brainstorm. Write it down. Review together.

BREAK A HABIT. Any habit, even if just for a while. It's about the self-discipline.

GO PLAY IN THE DIRT! Plant something and actually get your hands dirty.

INVESTIGATE who/what else lives in your yard - get down and watch ants work industriously. Follow a bumble - or honey bee around (are their pollen baskets - on their hind legs full yet?)

GET NEAR WATER. Or in it. Or on it, even if it's just to stand on a pier and contemplate....
\*Take The Doobie Bro's advice and LISTEN TO THE MUSIC!
Nature's music, your favorities, or old records (Yes, I said records! Old tape are good, too)

DIG OUT OLD PHOTOS - of family, friends, events, trips, etc. Get lost in your history.

BUILD SOMETHING: a quilt, an elaborate dessert, a bench, a barn, pottery, crafts, sewing, whatever. Just work with your hands.

SET CHORES ASIDE...for a moment, at least, and do what you'd rather.

READ - Transport yourself via a good book!

PUT OUT BIRDFEEDERS......and squirrel feeders, and corn for everyone else.....

SIT QUIETLY....preferably outdoors, but anywhere you can grab a few peaceful moments to yourself is restorative.

FIND A PERSONAL SPACE to which you can retreat when need be.

STRETCH! Everything!

GO TAKE A HIKE!...or at least a vigorous walk; extended physical exercise is a well-known stress reliever.

### SKI PATROLLER WELLNESS

## **Wellness Activities by Sue Smith**

SING! Really. Channel your inner Aretha; no one's listening. Or play your instrument. Again, it's just you! :-)

TURN IT ALL OFF! If it plugs in somewhere, unplug it and walk away. Trust me, you'll survive.

Get away from the light pollution and STUDY THE NIGHT SKY. If you can do it on the water, even better!

MEDITATE. The strategy is your choice.

COLOR! Really! There are many challenging grown-up coloring books available, and besides, who doesn't LOVE a brand new box of Crayola Crayons?

And finally, from time to time, we just need to step out the back door and SCREAM AT THE TOP OF OUR LUNGS! It's a good move: it brings LOTS of fresh oxygen to the brain.

For more information on Patroller Wellness activities, or to get involved with the NSP Patroller Wellness Taskforce, please visit <u>Patroller Wellness at NSP.org</u>







## **Certificate of Appreciation - Training**

Yvonne Mlynarczyk - Four Lakes

Brian Parrish - Seven Oaks

Dave Malhiot - Wilmot Mountain

Ernie Mueller - Hidden Valley

Glenn Kahn - Wilmot Mountain

James Lamb - Glacial Park

Janet Murphy Ryan - DPRN

Jodie Bramel - Sundown

Jonathan Heyl - Glacial Park

Julie Stone - Hidden Valley

Kim Zambole - Grand Geneva

Kirk Larsen - Wilmot Mountain

Mark Briel - Four Lakes

Mike Vaerewyck - Swiss Valley

Nancy Fudali - Grand Geneva

Rich Davis - Chestnut

Robert Good - Chestnut

Rodney Sandman - Chestnut

Tom Haake - Hidden Valley

Tom Smith - Swiss Valley

Wayne Stopplemoor - Sundown



itorious Service Award
Dave Malhiot





## **Certificate of Appreciation - OEC Testing**

Jeff McElheny - Swiss Valley

Mindy Royster - Seven Oaks

Joseph Zuccaro - Sundown

Mike Burley - Sundown

Brian Parrish - Seven Oaks

Dave Gratton - Sundown

John Schroeder - Sundown

Ernie Mueller - Hidden Valley

John Hamilton - Snow Creek

Wincie Doffing - Sundown

Greg Lehman - Chestnut

Hason Erdmann - Tyrol Basin

Tom Smith - Swiss Valley

Sue Smith - Swiss Valley

Nancy Fudali - Grand Geneva

Jim Oberfoell - Sundown

Patrick Perlman - Wilmot Mountain

Kristin Druwe - Four Lakes

Kirk Larsen - Wilmot Mountain

Christopher Morris - Wilmot Mountain

Christine Morris - Wilmot Mountain

Geri Buelow - Sundown

Mike Vaerewyck - Swiss Valley

Peter Shearer - Sundown

Spencer Vaughn - Seven Oaks

Anna DeWitt - Sundown

Rich Davis - Chestnut Mountain

Peter Ries - Chestnut Mountain

Drew Gratton -

Son of Sundown Patroller Dave Gratton





## This year, we're recognizing over 3,140 years of patrol experience.

## 20 years:

Chad Anderson - Wilmot Mountain

Stacie Carpenter - Swiss Valley

Brad Huth - Hidden Valley

Kirk Larson - Wilmot Mountain

Micah Luffman - Snow Creek

Eric Maher - Sundown

Janet Murphy Ryan - DPRN/Grand Geneva

Harley Tom - Wilmot Mountain

Brian Parrish - Seven Oaks

Robert Powell - Hidden Valley

Jeff Weffelmeyer - Hidden Valley

John Eisenman - Alumni

Catherine Gleason - Alumni

Newton Siegel - Alumni

Jerome Ryczek - Alumni (2024 recognition)

Stephen Gordon - Alumni (2024 recognition)

Art Angelopoulos - Alumni (2024 recognition)

## 25 years:

Tina Allen - Sundown

Bret Duesdieker - Four Lakes

Natalie Faes - Swiss Valley

James Heiland - Grand Geneva

Gene Lefave - Wilmot Mountain

Kevin McQuillan - Four Lakes

Joseph Mihalec - Four Lakes

Gary Pearsall - Snowstar

Beth Schroeder - Grand Geneva

Peter Shearer - Sundown

Troy Wert - Snow Creek

Daryl Packard - Alumni

Gene Walker - Alumni (2024 recognition)

Louis Landman - Alumni (2024 recognition)

Kathy Abdul - Alumni (2024 recognition)



## This year, we're recognizing over 3,140 years of patrol experience.

#### 30 years:

Debra Allison - Chestnut Mountain

Jackie Crowley - Snowstar

Guy Franz - Grand Geneva

John Hamilton - Snow Creek

Craig Nathanson - Hidden Valley

Gail Riedesel - Snowstar

Eric Roush - Hidden Valley

Julie Rousos Timmons - DPRN & Wilmot

Kathleen Schmidt - Glacial Park

Kevin Viksten - Seven Oaks

Patricia Michals - Alumni

M. Scott Barrett - Alumni (2024 recognition)

David Zedonis - Alumni (2024 recognition)

Greg Thompson - Alumni (2024 recognition)

Tony Rossignuolo - Alumni (2024 recognition)

## 35 years:

Jacob Rausch - Chestnut Mountain

Sarah Eisenberg - Grand Geneva

Victoria Friel - Snow Creek

Eric Lonvick - Wilmot Mountain

April Maifield - Grand Geneva

Michael Rees - Alumni

Robert Hooks - Alumni

## 40 years:

Stephen Carter - Alumni

Mark Odeen - Norsk Nordic

Randall Baustert - Alumni

Alex Kyle - Alumni (2024 recognition)





## This year, we're recognizing over 3,140 years of patrol experience.

## 45 years:

Brian Cobble - Swiss Valley

Loretta Cobble - Swiss Valley

Randy Johnston - Villa Olivia

Terry Prislinger - Wilmot Mountain

Ralph Skorupa - Wimot Mountain

Ruthann Thoresen - Grand Geneva

Richard Keane - Alumni

Robert Lange - Alumni

Peter Nowak - Alumni

## 50 years:

Kevin Moss - Seven Oaks

Nanette Patnaude - Grand Geneva

(2024 recognition)

Marlene Senescu - Grand Geneva

(2024 recognition)

Stu Senescu - Grand Geneva

(2024 recognition)

Michael Maifield - Alumni (2024 recognition)

Joseph Sarghan - Alumni (2024 recognition)



John Cooke - Alumni

Randall Woodman - Alumni

Sharon Woodman - Alumni

Ken Meldahl - Alumni (2024 recognition)

Charles Ellison - Alumni (2024 recognition)

Helen Korth - Alumni (2024 recognition)





## This year, we're recognizing over 3,140 years of patrol experience.

## 60 years:

Robert Braun - Alumni

Art Buckley - Alumni

Butch Fuller - Alumni

Caroll McIntosh - Wilmot Mountain

Tom Schmit - Alumni

James Solazzo - Alumni

George Flentge - Alumni (2024 recognition)

Corky Khan - Alumni (2024 recognition)

## **Angel Pins**

Angel pins are awarded to non-members who provide valuable contributions to the NSP & Southern Region.

Ashley Parrish Kim Larsen

## **Southern Cross**

#### Mark Briel

Outstanding service & administrative skills as Patrol Director and OET Instructor

#### Joe Nakanishi

Outstanding service and training for Nordic patrollers

### Jerry Massengale

Outstanding service and leadership of patrollers at Oak Ridge and Fun Valley

#### Liz Kruk

Outstanding service, involvement and dedication to teaching ID and OEC classes and refreshers.

### John Yunger

Outstanding service and leadership as Patrol

Director and Instructor.



## **Southern Cross Repeats**

Glenn Kahn

RSC Admin - Legal Advisor

Jeff Schmidt

RSC Admin - Awards

Joe Zarek

RSC Admin - ID Advisor

Lauren Wroblewski

RSC Admin - Women's Program Advisor RSC Admin - SR Secretary, OEC Advisor &

Jeff McElheny

RSC Admin - Finance

Patrick Perlman

RSC Admin - Awards

Randy Johnston

RSC Admin -Photography

Jon Malhiot

**RSC Training -OET Program** 

## **Southern Cross Repeats**

Jodie Bramel

RSC Training - Proficiency Advisor

Nancy Fudali

RSC Admin - Treasurer & Finance

Lee Ann Stodart

RSC Admin - Recruiting

Mindy Royster

Senior OEC Advisor

Kirk Larsen

RSC Training - Senior OEC-MSP Candidates

## **Continuous Service Award**

Frank Randall CS1 Jeff Schmidt CS2





## **Southern Region Outstanding Awards**

Outstanding Large Alpine Patrol

Seven Oaks Ski Patrol

Outstanding Young Adult Patroller

Clair Banowetz

## **National Certificate of Appreciation**

For many years of service on Birkebeiner Committee

Kathy Schmidt

Jeff Schmidt

#### **Meritorious Service Award**

Outstanding service and leadership as Region staff for at least 3 years

**Dave Malhiot** 

## **Distinguished Service Award**

Extraordinary service for over 20 years

Kathy Schmidt

Mike Vaerewyck





## **National Appointments**

A patroller who has demonstrated leadership, good character, diplomacy, positive attitude, good judgement, quality patrolling ability, desire to serve the public and has demonstrated extraordinary service to the National Ski Patrol.

#### Rich Davis

National Appointment #12396

Kirk Larsen

National Appointment #12397

**Brian Parrish** 

National Appointment #12399

Lauren Wroblewski

National Appointment #12401

Joe Zarek

National Appointment #12409



## **Banquet Pictures**

Submit your pictures for a chance to win a gift card!

Summer edition submission winner: Joe Nakanishi



National Certificate of Appreciation Kathy Schmidt



Outstanding Young Adult Patroller Claire Banowetz



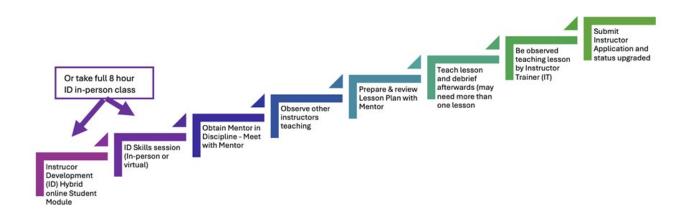
Outstanding Large Alpine Patrol Award Seven Oaks Ski Patrol



Continuous Service Awards Frank Randall & Jeff Schmidt

## **Instructor Development**

## Liz Kruk, ID Program Advisor



#### What is it and how do I become an NSP Instructor?

The mission of the Instructor Development (ID) program is to provide future instructors with tools, skills, and resources to become a quality instructor thus ensuring quality instruction in all NSP disciplines. Training includes teaching skills and course management skills and is applicable for all potential instructors, regardless of the instructional content they wish to teach, e.g. OEC, OET, ID or MTR.

#### How is the course designed?

In the past the course was delivered in a traditional face-to-face instructional format. Currently it is typically delivered as a Hybrid E-course consisting of a self-paced, web portion and a hands-on, face-to-face portion, either in person or virtual. Each instructor candidate then pairs with a current instructor in their discipline of choice. You practice teaching under supervision of your mentor, make adjustments and "GET GOOD" at being a teacher. A final teaching episode is performed with an Instructor Trainer present to objectively evaluate your mastery of teaching skills and curriculum content. You are then able to teach independently!

#### What are the steps to becoming an instructor?

- 1. Register for and complete Online Student-Hybrid Modules in Center for Learning
- 2. Register for and complete a skills session (either in-person or virtual)
- 3. Find a mentor and practice teaching your discipline specific content
- 4. Perform a final teaching observation with an Instructor Trainer
- 5. Celebrate your success as a newly minted instructor and begin teaching independently!

Teaching deepens our understanding of program content, improves our skill set in assisting injured snow sport athletes of all levels, and enriches our appreciation of our NSP organization and peers.

We hope you will join us in pursuing your NSP instructor certification!

## Senior Program - Get Started on 2026

## Jodie Bramel, Proficiency Advisor

Each season, I have the privilege of working with patrollers across our region pursuing their Senior status. Their motivations vary, but a common thread unites them—they are lifelong learners committed to growth, skill refinement, and often, leadership within their patrols.

Interested in Becoming a Senior Patroller in 2026? Start by consulting your Patrol Director and local trainers for an honest assessment of your skills. Speak with Senior Patrollers about their experiences and guidance.

#### **Next Steps:**

- Train & Prepare Attend Ski/Ride/Toboggan/OEC training and prep clinics. Volunteer at events
  to gain firsthand experience with the evaluation process. Attend <u>CD Spring and Fall Festivals</u>
  and SES, TES, OEC prep clinics, and other elective <u>educational courses</u>.
- Refine Your Skills Alpine candidates-have someone video you. Review video footage of
  your skiing/riding and toboggan handling across varied terrain, including moguls. Compare
  and contrast with <u>demonstration videos</u> on the CD website and seek feedback from your local
  instructors.
- Study & Plan Visit the <u>Senior Candidate Information</u> page on the CD website
  (Programs>Senior). Determine which Senior Pathway you will pursue. Read the <u>Senior Manual</u>,
  skill sign-off sheets, scorecards, and pre-evaluation requirements; Print copies for review and
  note-taking.
- Apply Secure approval from your patrol director and trainers for the modules you intend
  to test. Complete the <u>Senior Candidate online application</u> online by January 1, 2026. Stay
  engaged—watch for emails on prep clinics and evaluation events from SR advisors.

Becoming a Senior Patroller offers leadership opportunities, advanced skills development, professional recognition, and personal growth. What's your reason?



Kenny Bozorgi, Senior Alpine Patroller



Mike Burley, Senior Alpine Patroller

## **Section 3 Section Chief Election**

## **Tom Smith, Region Elections Advisor**

This spring, the Region held elections for the Section Chief positions for both 2 and 5. I would like to congratulate Tim Spencer and Tom Haake as new Section Chiefs for Sections 2 and 5 respectively. I wish them good luck and success as new and returning Region Board Members and in working with their specific Sections and Patrols.

Section 3, which consists of Des Plaines River Nordic, Glacial Park, and Norsk Nordic, is up for Section Chief Elections this coming season.

The Section Chief serves a three-year term and sits as a voting member of the Region Board of Governors. Candidates for the position can be self-nominated, nominated by another active NSP member of the Section, nominated by a Region Nomination Board Member or by the Region Director. They also must be in "good standing," that is current and up to date with National.

#### Qualifications:

- 1. Must be registered NSP member in the Section as their primary registration unit.
- 2. Must have been an NSP Patrol Representative for at least a year or registered as an NSP member for at least 5 years.
- 3. Must be familiar with current National, Division, Region, and, if relevant, Section policies and procedures.

Additional recommended (but not required) qualifications:

- Should have logged at least 45 days of active patrolling (excluding refreshers, tests, etc) with 1/3 of those days at a ski area in the section.
- Should have experience working with area management in an area within the section
- Should have actively participated in management of Region activities (attended Region meetings, helped/administered Region tests/training activities).
- Should be registered in the Division as a Senior Patroller in any discipline

#### Responsibilities:

- Facilitates communication to and from the Region Director, NSP Unit Representative, Ski Area Patrol Representative, and NSP members, and is responsible for any other duties, designated by the Region Board of Directors or the Region Director.
- Actively participates in Region functions off area.
- The Section Chief is expected to visit each Registration Unit within their section annually.
- The Section Chief is expected to perform as a mentor and coach to prospective NSP leaders within their section.

If anyone is interested, please contact me at 260-438-7593 or tsmith@cmeconstruction.com

Have a great summer! Tom Smith, Elections Advisor

## **Snowsport**

## E-Bike 101 Steve Ohms, Snowsport Advisor

It seems that e-bikes are popping up in every corner of riding bikes. I discovered them in Germany where they are used as a replacement for vehicles on their extensive dedicated trail system. With my brother-in-law on a borrowed e-bike I discovered it was easy to ride 60 KM in a couple hours. Back in the US I started researching e-bikes and here's what I found. My interest is in off pavement riding so fatter tires and suspensions became a goal which is likely the goal of most bike patrollers. All e-bikes make normal humans as strong as Lance Armstrong without the alleged blood doping.

Virtually all e-bikes (especially at lower prices) are made in China. Even the highend bikes get many of their components from China. As a result, we may see prices rise on future inventory. In today's market bikes range in price anywhere between \$1,000 and \$7,000 and you do get what you pay for. The upper end bikes are powerful, go anywhere, high-performance machines with exquisite fit and finish plus all premium components. The components are important because the power of the electric assist puts huge stress on components. Once you ride a high-end bike the others seem very sad. Just like the VW Bug is a German car it isn't a Porche.

In the e-bike world the lowest cost / lowest performance bikes have their electric motors mounted in the rear hub. Higher performance bikes all have motors mounted in the middle near the crank. Some special purpose bikes have hub mounted motors mounted in both the front and back hubs for "Two Wheel Drive". Those with motors mounted in the center tend to be higher power and more efficient, plus they are better balanced for serious off-road trail riding.



(Continued on next page)

# Snowsport E-Bike 101 Steve Ohms, Snowsport Advisor

Not only are the motors important but the computer and sensor system is important for blending the energy you provide by pedaling with the motors. The two primary systems are torque sensor and cadence sensor. The torque sensor is found on the higher quality bikes and gives a much smoother experience. They use programming so when shifting gears, it smoothly pauses the power assist, just like expertly depressing and releasing the clutch on a manual transmission vehicle.

Recently at least one manufacture of premium mid motor bikes rolled out transmissions that replace the rear hub eliminating the need for external gears and a derailer. These bikes are more expensive but are ideal for use in rough abusive environments where a normal derailer and gears might get damaged. I can see them being resort owned bike patrol tools for hard use. Considering bike patrols use the better e-bikes have payloads of 300 lbs plus can tow a fully loaded trailer.

There are three classes of e-bikes: Class 1, 2, 3 & 4 which are the way that government agencies regulate which bikes can be used on managed trails. The bikes that my wife and I have are programmable and can be switched between classes so we can ride anywhere bikes are allowed. Traditional athletes in spandex and government regulators really hate getting passed by chubby folks with gray hair wearing plaid shirts.

EBike Classifications
CLASS 1 | 20 mi/h | Pedal-assist
CLASS 2 | 20 mi/h | Throttle & Pedal-assist
CLASS 3 | 28 mi/h | Pedal-assist (+ optional throttle)
CLASS 4 | 28 mi/h & over | Motor over 750W

If you are in the Kansas City area please contact me so I can give you the opportunity to ride a quality bike. As a result of our e-bike journey, we recently became dealers for Bakcou bikes from Utah. This isn't a sales pitch but we would love to help our Patrol Family discover the joy of e-bikes and help shorten learning curve.

Steve Ohms, 816-309-8663, ohms.outdoors@gmail.com

## New Area Spotlight: Sleepy Hollow Des Moines, IA

Sleepy Hollow - www.sleepyhollowsportspark.com

Sleepy Hollow is located at 4051 Dean Avenue, in Des Moines, Iowa. This area is south of the Iowa State Fairgrounds. It falls in the cities of Des Moines and Pleasant Hill.

In 1984, Rick and Mary Flatt opened Sleepy Hollow, running the area for 30 years. During that time, the 76-acre park offered snow tubing, skiing, snowboarding, golf, baseball batting cages, soccer fields, a climbing wall and go karts. With expansion over their ownership, the park expanded its activities to include a venue to host signature events like Renaissance Faires, concerts and Halloween activities.

In the fall of 2021, the Flatts reached an agreement to sell the property to Polk County with the understanding that Polk County Conservation would oversee the operation of the park. Two key staff, who have extensive knowledge and years of experience in the ski industry, were hired to begin working on the ownership transition.

The sale was finalized in 2022, and Polk County Conservation began an assessment of the land, facilities and operational needs. That same year, the organization announced that they would install the world's longest, all weather turf-surface tubing hill for year-round recreation. The park opened in spring of 2024.

What is this all-weather turf you ask? It is Snowflex, a world renowned 'wonder' product. Properly installed and maintained, it's the man-made surface that comes closest to closing the gap with real snow.

Key attributes of Snowflex are microfilament fibers that create the best slip and grip to provide the sport enthusiasts with an overall 'feel' like real snow. The integrated mist lubrication system, Biomist, creates a specific water droplet size small enough to rest on the top of the fiber bristles of the surface, lowering the friction to provide the 'snow' surface. Water will be drawn from Four Mile Creek and an onsite 3.5 million gallon pond. The built-in shock pad provides excellent impact protection, reducing the risk of injury and improving the fun factor. It is reported to be softer than hard-packed snow.

Snowflex conforms to any terrain design, no matter how extreme or nuanced it gets. It means slope design is limited only by other constraints like imagination, budget and available space.

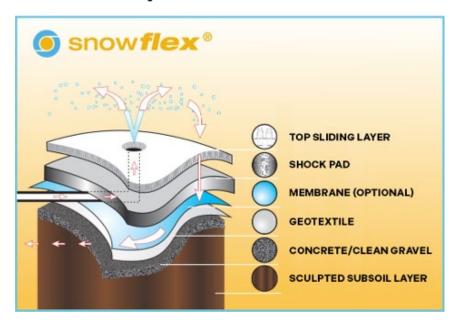
Currently, the park will be open in the spring and fall for skiing and tubing. As the warmer weather of summer occurs, the focus will be on providing snow tubing.

(Continued on next page)

## New Area Spotlight: Sleepy Hollow Des Moines, IA

Improvements are ongoing with the park area, working towards a new lift, ski runs and coverage of the hill to provide year-round enjoyment of the sport.

In closing, the management of the sports park is looking forward to becoming involved with the NSP community with representation at their area. They are wanting to follow the mission of our organization to ensure the safety and well-being of the community engaging in the activities of their recreation park.







# In Loving MEMORY

#### Table of Honor

After our last awards banquet, several attendees inquired about the Table of Honor that was set up in the front of the room. I would like to explain the history and meaning of the set up.

The origin of the Missing Man Table, aka Fallen Comrade Table, comes from the military. It is a ceremony and memorial that is set up in military dining facilities of the United States Armed Forces and during official dining functions, in honor of the fallen, missing or imprisoned military services members. It serves as the focal point of ceremonial remembrance, originally growing out of US concern of the Vietnam War POW/MIA issue.

As noted in the speech provided in the beginning, it has been adopted and adapted to fit with many other public safety organizations. For our group, the symbolism remains almost identical, with only minimal variations.

The ceremony usually starts with a request for a moment of silence for a silent prayer. This moment of silence is to reflect the sacrifices of our members that have departed from this earth prematurely, either in the line of duty or while still active with their local organization.

Below is the explanation of the meaning of the items on this special table.

The **table** is small symbolizing the frailty of human life and is set for one, symbolizing the loneliness we feel without them. It shows our everlasting concern and our unending love for our fallen comrade.

The **tablecloth** is white symbolizing the purity of their motives and willingness to respond when answering the call to duty.

The **helmet and/or coat** of our heroes at the table symbolizes a brave life that made the ultimate sacrifice.

The **single red rose** displayed in a vase reminds us of the life of each of those missing and their loved ones left behind. They will always be a part of our family.

(Continued on next page)



# In Loving. MEMORY

The **purple ribbon** is tied so prominently on the vase, representing our strength in healing as they are not coming home.

The **candle** is reminiscent of the light of hope which lives in our hearts to illuminate their memory.

A slice of lemon on the plate reminds us of their bitter fate.

A **pinch of salt** on the plate symbolizes the tears shed in remembrance of those that have gone.

The glass is empty and inverted, as they cannot toast with us.

The **folded American Flag** and **Bible** represent those who gave the ultimate sacrifice for their community and country which was founded as One Nation under God.

And last, the **chair** tilted forward against the table as though being saved for someone. The chair is empty ... they are not here. Our lives are incomplete because they cannot sit with us.

The reading continues to request attendees to stand and face the front of the room, looking toward the table with a beverage of each person's choice for a toast. "In honoring them ... each of them ... all of them ... we stand silently and face their table ... the table where they should be sitting with us tonight. We stand silently in their absence. They depend on us to ensure that everyone comes home."

We raise our glasses, "To our Fallen Heroes; we will never forget your ultimate sacrifice."

Should anyone like to adopt this ceremony for their own banquets at their local organization, feel free to contact me. Thanks for the inquiries and encouragement to keep this as a tradition for our gathering.

-Rich Davis medlc@msn.com

## **SOUTHERN REGION OFFICERS**

Name:	Email:	Phone:
Region Director - Julie Rousos Timmons	julieski2@gmail.com	(847) 561-0024
Assistant Region Director - Jeff McElheny	moheny2@yahoo.com	(574) 536-7606
Assistant Region Director - Brian Parrish	parrish.brian@gmail.com	(515) 304-8444
Assistant Region Director - Lenny Kunkel, Jr.	lkunkel2319@gmail.com	(708) 341-3818
Section 1: Section Chief - Rich Davis	med1c@msn.com	(515) 321-4183
Chestnut Mountain PR - Greg Lehman	gplehman@gmail.com	(563) 580-7744
Chestnut Mountain PD - Frank Randall	frandall@flhtci.net	(815) 297-3182
Seven Oaks PR – Mindy Royster	mindyroyster@gmail.com	(515) 290-0442
Snowstar PR – Gary Pearsall	icgp@prodigy.net	(309) 737-4983
Sundown PR – Russ Weber	russelljohnweber@gmail.com	(563) 542-1775
Section 2: Section Chief – Tim Spencer	Tim.spencer705@gmail.com	(847) 609-1369
Four Lakes PR – Jason Bauer	2jasonbauer@gmail.com	(630) 796-9732
Grand Geneva PR – Rob Kinsch	trackedout68@gmail.com	(815) 482-7680
Villa Olivia PR - Eric Taubman	e.quipment@comcast.net	(708) 254-9440
Wilmot Mountain PR – Mark Brinkman	mgbrinkman@comcast.net	(312) 371-1835
Section 3: Section Chief – Joe Nakanishi	jnakanishi@srnsp.org	(224) 935-2822
Des Plaines River Nordic – Janet Murphy Ryan	awkwaza@gmail.com	(630) 479-9292
Glacial Park PR - Sue Fishburn	suejfish@yahoo.com	(815) 353-5846
Norsk Nordic PR - Joe Nakanishi	jnakanishi@srnsp.org	(224) 935-2822
Section 4: Section Chief - Brian Philips	bphilips@usermail.com	(630) 660-7805
Swiss Valley PR - Jeff McElheny	moheny2@yahoo.com	(574) 536-7606
Michiana Bike PR – Rich Mah	rmah_1@yahoo.com	(574) 520-8535
Section 5: Section Chief - Tom Haake	tom_rhs@yahoo.com	(314) 288-6010
Hidden Valley PR - Joseph Lay	joelay33@yahoo.com	(314) 229-6652
Snow Creek PR - Kenny Haverkamp Kenno	eth.J.Haverkamp@vailresorts.com	(913) 683-1268
Snow Creek PD - Darin Affeldt	darin_affeldt@yahoo.com	(913) 217-5141
Oak Ridge PR - Jerry Massengale	hvac82@hotmail.com	(641) 751-4650

## **SOUTHERN REGION ADVISORS**



Julie Rousos Timmons Region Director

Elections - Tom Smith
Legal - Glenn Kahn
Secretary - Mindy Royster
Southern Cross - Joe Zarek
Treasurer - Nancy Fudali
IT/Webmaster - Brian Parrish



Brian Parrish
Assistant Region Director



MTR/Avalanche - John Yunger



Proficiency - Jodie Bramel



Snowboard - Bob Good



Snowsport - Steve Ohms



Toboggan - Mark Briel



Women's Program - Christine Morris



Jeff McElheny Assistant Region Director



Certified - Patrick Perlman



ID - Liz Kruk



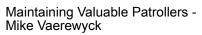
Medical - Jim Katz



Outdoor Emg. Care - Mindy Royster



Senior OEC - OPEN





Lenny Kunkel, Jr. Assistant Region Director



Alumni - Kathy Abdul



Awards Team

Section 1: Frank Randall Section 2: Bret Duesdieker Section 3: Kathy Schmidt Section 4: Ed Hickman

Section 5: Gretchen Diether-Haake



Patroller 101 - Bob Curran



Recruiting - Lee Anne Stoddart



Safety/Risk - Bret Duesdieker



Young Adult Program - Derrick Hilton



### **SOUTHERN REGION ADVISORS**

Alumni – Kathy Abdul Awards - Bret Duesdieker Avalanche – John Yunger Certified – Patrick Perlman Elections – Tom Smith

Information Technology – Brian Parrish Instructor Development – Liz Kruk

Legal - Glenn Kahn

Maintaining Valuable Patrollers - Mike Vaerewyck

Medical – Jim Katz

Mtn. Travel & Rescue - John Yunger

Nordic - Kathy Schmidt

OEC Administration – Mindy Royster

Patroller 101 - Bob Curran Proficiency – Jodie Bramel

Recruiting - Lee Anne Stoddart

Safety & Outdoor Risk Mgmt – Bret Duesdieker

Secretary - Mindy Royster

Senior OEC- OPEN

Snowsport - Steve Ohms

Snowboard - Bob Good

Southern Cross - Joe Zarek

Toboggan – Mark Briel

Treasurer – Nancy Fudali

Women's Program - Christine Morris Young Adult Program - Derrick Hilton email: kabdul@prodigy.net email: dues711@mac.com email: j-yunger@sbcglobal.net email: p\_perlman@hotmail.com

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email: bob@snowhere.life

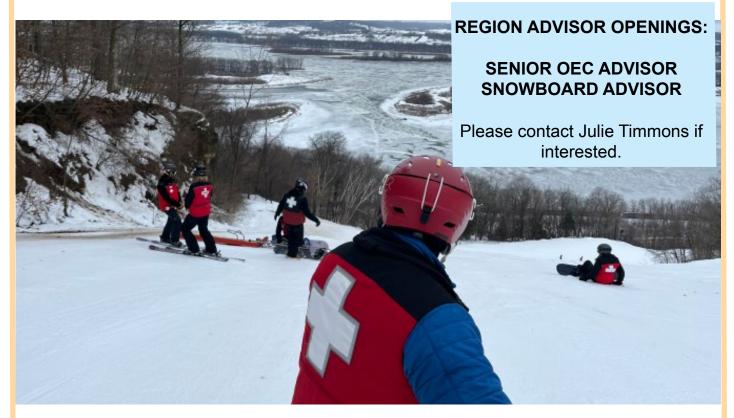
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email: d3hilton@gmail.com



## **SOUTHERN REGION CALENDAR**

EVENT	LOCATION	DATE	EMAIL
SR Board Meeting	Virtual	July 13 - 7pm	MINDY ROYSTER
			Mindyroyster@gmail.com
CD Patroller	Milwaukee, WI	SEPTEMBER 5-7	https://www.nspcentral.org/
Conference			
OEC Patrol Refresher	Oak Ridge Patrol	SEPTEMBER 13	JERRY MASSENGALE
			hvac82@hotmail.com
OEC Patrol Refresher	Sundown	SEPTEMBER 27	TOM HAAKE
			tom_rhs@yahoo.com
OEC Patrol Refresher	Four Lakes	SEPTEMBER 28	BRET DUESDIEKER
			dues711@mac.com
OEC Patrol Refresher	Seven Oaks	SEPTEMBER 28	MINDY ROYSTER
			Mindyroyster@gmail.com
OEC Patrol Refresher	Swiss Valley	OCTOBER 5	JEFF MCELHENY
			moheny2@yahoo.com
OEC Patrol Refresher	Chestnut Mtn.	OCTOBER 18	GREG LEHMAN
			gplehman@gmail.com
OEC Patrol Refresher	Snow Creek	OCTOBER 18	DARIN AFFELDT
			darin_affeldt@yahoo.com
OEC Patrol Refresher	Snowstar	OCTOBER 19	GARY PEARSALL
	NAPI (BA)	0.070050.40	icgp@prodigy.net
OEC Patrol Refresher	Wilmot Mtn.	OCTOBER 19	MARK BRINKMAN
OFC Detrol Defraction	Orand Canava	OCTODED 20	mark.g.brinkman@gmail.com
OEC Patrol Refresher	Grand Geneva	OCTOBER 26	ROB KINSCH trackedout68@gmail.com
OEC Patrol Refresher	Hidden Valley	NOVEMBER 1	JOE LAY
OEC Fatioi Reflesitei	rilluderi valley	INOVEINIBER I	joelay33@yahoo.com
SENIOR	NA	JANUARY 1,	JODIE BRAMEL
APPLICATIONS DUE	14/ (	2026	brameljodie@gmail.com
Toboggan Trainer	Sundown	JANUARY 10,	MARK BRIEL
Workshop	Canaown	2026	markbriel@gmail.com
SES/TES	Chestnut Mtn.	January 24-25,	STEVE OHMS
323/123	OHOGUIAL MILL	2026	Steveohms@gmail.com
Senior Hill Exam	TBD	February 7, 2026	JODIE BRAMEL
	. 32	23.33.7 , 2320	brameljodie@gmail.com
Southern Region	Missouri - TBD	April 24-26, 2026	TOM HAAKE
Banquet 2026		' '	tom_rhs@yahoo.com
		·	

#### **Key to Abbreviations**

ARD = Assistant Region Director • ASE = Accredited Senior Evaluator • ASDW = Alpine Skills Development Workshop • CD = Central Division • ID = Instructor Development • IOR = Instructor Of Record MSAA = Midwest Ski Areas Association • MTR = Mountain Travel and Rescue • MVP = Maintaining Valuable Patrollers • OEC = Outdoor Emergency Care • OEC MSP = Outdoor Emergency Care Module for Senior Program • PR = Patrol Representative • S&T = Ski and Toboggan • SES = Ski Enhancement Seminar • SR = Southern Region • STW = Ski Trainers Workshop • Tele = Telemark • TES = Toboggan Enhancement Seminar